

ALLERGY MEDICATIONS

Information compiled by the Asthma & Allergy Foundation of America, Texas

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Information should not be used as a prescribing guideline

CLASS	BRAND	GENERIC	USE	DOSE	COMMENTS
Antihistamine/ Decongestant	Semprex-D capsules RX only	Acrivastine	Allergic Rhinitis	Only Age 12 and older: 1 capsule every 4-6 hrs	Don't use if patient has high blood pressure, prostatism, or glaucoma Caused by decongestant. May cause sedation
Antihistamine	Tavist Allergy - RX only 2.68 mg tablets	Clemastine Generic OTC tablets or syrup	Allergic rhinitis Urticaria	Children: 1 tsp 2xday Adults: 1-3 tablets daily	May cause sedation Tavist may be in combination products
Antihistamine		Cyproheptadine Generic syrup or tablets RX only	Allergic Rhinitis Urticaria	Dosage varies by age, can be taken by children < 2 yrs. Adult usage for either rhinitis or urticaria	Has anti-serotonin action besides antihistamine effect May cause sedation Weight-gain as side-effect
Antihistamine	Clarinet 5mg tablets Clarinet 5 mg reditab Clarinet 2.5 mg reditab Clarinet 2.5mg/5 ml syrup RX only	Desloradine	Seasonal allergic rhinitis: age 2+ Perrenial allergic rhinitis: 6 mo+ Chronic urticaria: 6 mo+	Age 12+: 5 mg. daily Age 6-11: 2.5 mg. daily Age 6 mo to 11 mo: 2 ml daily	non-sedating
Antihistamine/ decongestant	Clarinet-D 12 Hour Clarinet-D 24 hour RX only	Desloradine	Seasonal allergic rhinitis age 12+	12 Hour: 1 tab. Every 12 hrs 24 Hour: 1 tab. Daily	Extended release combination w. pseudoephedrine, Caution w. heart disease, HBP, glaucoma
Antihistamine	Benadryl tab. Or syrup	Various generic, OTC	Seasonal allergic Urticaria Motion sickness Insomnia	Age 2-6 yrs, under phys. supervision Age >12: 25-50mg. Every 4-6 hrs	May cause sedation Found in many combo products Pregnancy - use w. caution
Antihistamine	Xyzal 5 mg tab Xyzal Oral solution, 5 ml RX	Levocetirizine	Seasonal & perrenial allergic rhinitis Chronic urticaria	Age 6-11 yrs: 1 tsp or 1.2 tab. daily in PM Age >12: 2 tsp. or 1 tab. daily in PM	Refined version of Zyrtec Sedating Adjust dose if patient has kidney disease
Antihistamine	Palgic, 4 mg tablets 5 ml Liquid	Carbinoxamine	Seasonal & perrenial allergic rhinitis Other allergies	Tablets: Age >6: 1-1.5 mg. 3-4 x day Adults: 1-2 tab. 4x a day Liquid: Age >6: 1-1.5 tsp. 3 x a day Adults: 1-2 teasp. 3-4x a day Don't use under age 2 yrs	May cause sedation Take care of interaction w. other drugs

Antihistamine Antihistamine/ Decongestant	Zyrtec - OTC - allergy syrup - chewable 5 mg -chewable 10 mg Zyrtec-D 12 Hour OTC	Certitizine tablets and syrup	Seasonal & perrenial allergic rhinitis Seasonal & perrenial allergic rhinitis	Age 6-12 mo: 1/2 teasp. 1x day Age 1-5 yrs: 1/2 teasp. 1 to 2 x a day Age 6 to 11 yrs: 1-2 tsp. 1 x a day Age >12: 5-10 mg 1 x a day Age >12: 1 tab. 2 x day	May cause mild sedation With or without food Don't use with high BP, narrow angle glaucoma, & prostatism.
Antihistamine	Chlor-Trimetron OTC	Chlorpheniramine store bands, combo with other drugs	Allergic rhinitis and other allergies	Under age 6: discuss w. physician Adults: discuss dose w. physician	May cause sedation
Antihistamine Antihistamine/ Decongestant	Allegra, 30, 60, 180 mg tablets RX only Allegra ODT 30 mg Allegra Oral Suspension, 5 ml Allegra-D 12 Hour Allegra-D 24 Hour RX only	Fexofenadine 30, 60, 180 tablets	Seasonal allergic rhinitis Chronic urticaria Seasonal allergic rhinitis	Age >12: 60 mg 2 x day or 180 mg 1x day Age 6-11 yrs: 30 mg 2x day Age 6-11 yrs: 30 mg 2x day Age 2-11 yrs: 30 mg 2x day Age 6 mo-2yrs: 15 mg 2x day Age >12: 1 tab. 2x day Age >12: 24 hr tab, 1 x a day	Non-sedating. Avoid taking w. fruit juice (apple, oj, grapefruit) best taken w. water ODT MUST be taken w. water Non-sedating. Not to be used by patients w. high BP, narrow angle glaucoma, & prostatism.
Antihistamine Antihistamine/ decongestant	Alavert tablets Claratin tablets Claritin Reditabs Claritin syrup OTC Clararin-D 12 Hour Claratin-D 24 Hour OTC	Loratadine	Allergic rhinitis Chronic urticaria Allergic rhinitis	Age 2-6: 5 mg daily Age >7: 10 mg daily Age >12: 1 tab. 2x day Age >12: 1 tab. daily AM	Non-sedating Combos of loratadine & pseudoephedrine. Do not use with high BP, etc.
Leukotriene antagonist	Singulair 4 mg chewable 4 mg oral granules 5 mg chewable 10 mg tablet	Montelukast	Seasonal allergic rhinitis (>2 yrs) Perrenial allergic rhinitis (>6 mo)	Age 6-23 mo: use 4mg granules daily Age 2-5 yrs: 1 oral granule packet or 4 mg chewable 1x day Age 6-14: 1 5 mg tab. once daily Age 15+: 1 10 mg tab once daily	Oral granules to be mixed w. applesauce, carrots, rice or ice cream. Also approved for asthma control.
Anticholinergic	Nasal Atrovent, 0.03 & 0.06%	Ipratropium bromide	Symptom. Relief of rhinorrh. from allergic and non- allergic perennial rhinit.	Ages 6 and older 2 sprays each nostril, twice daily	Contraindicated in glaucoma, narrow angle, prostatism, bladder neck obs, and renal and liver failure
Antihistamine Nasal spray	Astelin	Azelastine	Allergic rhinitis 6 and older Vasomotor rhinit. 12 and older	Ages 12 and older, 1 to 2 sprays twice daily	Only antihistamine that comes as a spray



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