

Things that make asthma worse are called triggers. Triggers can be inside your home and school.



DO YOU KNOW YOUR ASTHMA TRIGGERS?

- | | |
|---|---|
| <input type="checkbox"/> Dust Mites | <input type="checkbox"/> Pollen |
| <input type="checkbox"/> Mold | <input type="checkbox"/> Cold Air |
| <input type="checkbox"/> Secondhand Smoke | <input type="checkbox"/> Respiratory Infections |
| <input type="checkbox"/> Pet Dander | <input type="checkbox"/> Exercise |
| <input type="checkbox"/> Cockroaches | <input type="checkbox"/> Others |
